

Xenia | Active Living Workshop

Xenia YMCA
336 Progress Dr, Xenia, OH 45385

Tuesday, April 14, 2026
4:30 – 6:30 pm

AGENDA

- I. **Welcome and Walking Tour** (15 minutes)
 - Destination Progress Drive
- II. **Warm Up Activity** (15 minutes)
 - Spot the Difference
- III. **Active Living Briefing** (30 minutes)
 - Active Living Presentation
- IV. **Small Group Activity and Discussion** (45 minutes)
 - Local Active Living Evaluation and Exploration
- V. **Wrap Up Activity** (15 minutes)
 - Active Living Look and Feel

