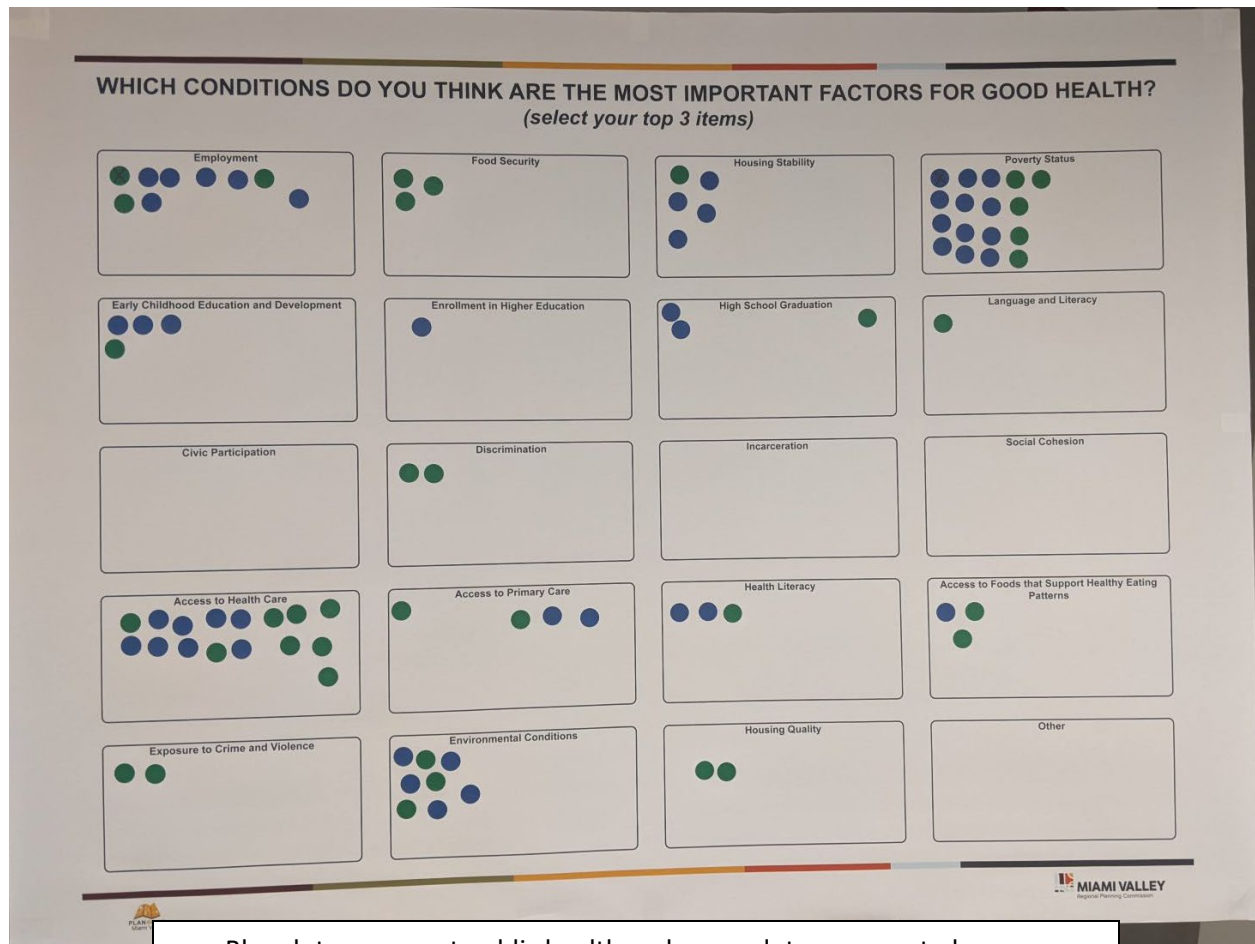


## Social Determinants of Health Workshop Summary

The Social Determinants of Health workshop was held on May 17, 2022 at the Montgomery County Business Solutions Center. This event, the first in a series of PLAN4Health – Miami Valley workshops, brought planners and public health professionals together to discuss the impacts that planning has on health. MVRPC staff presented findings from the PLAN4Health – Miami Valley Health Environment Assessment and facilitated discussion in small groups. The workshop also included sticky dot exercises to help gauge stakeholder opinions. Below are the outcomes of the workshop.

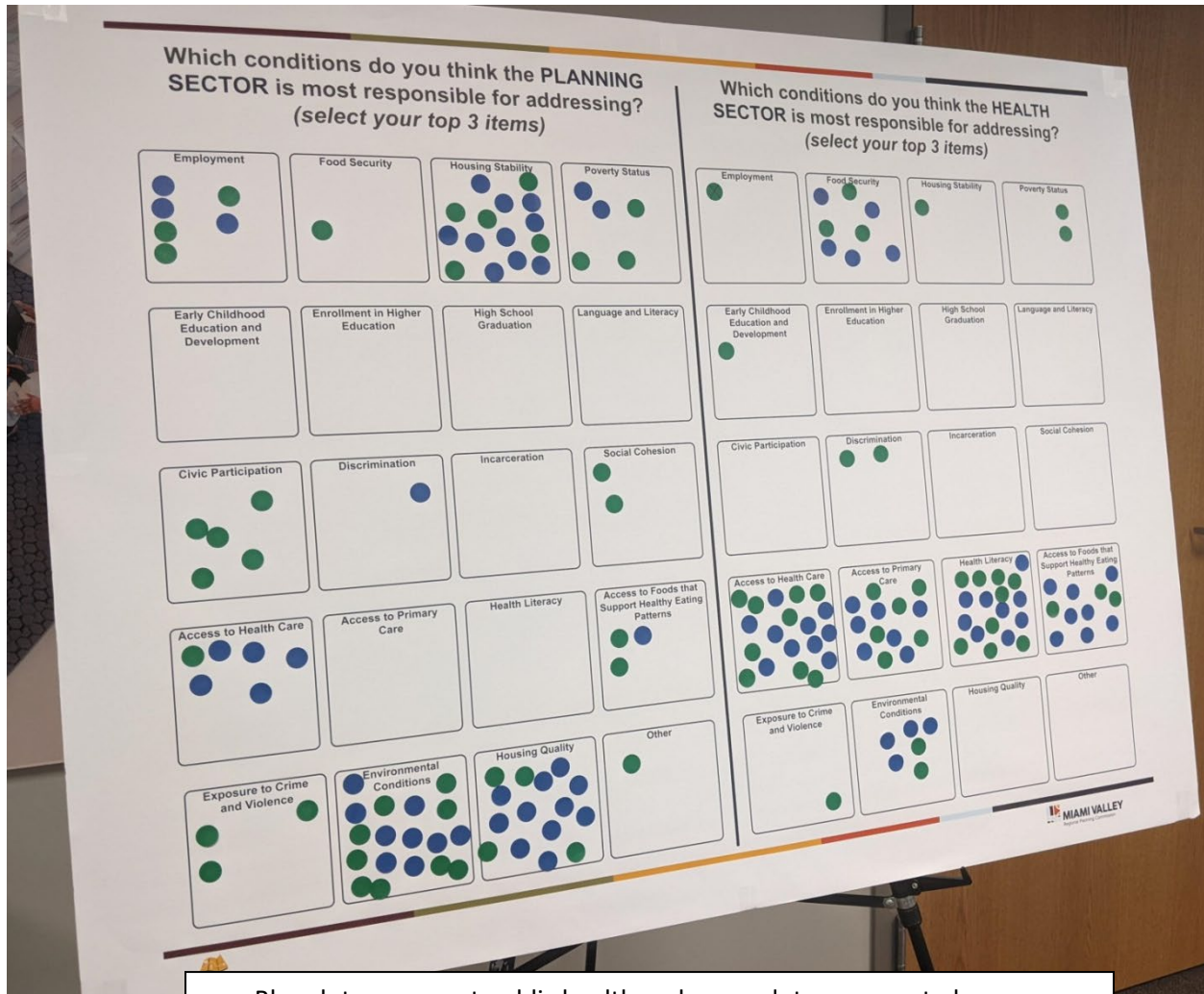
### I. Warm up Activity (Poster Board Activity)



## II. Miami Valley Health Assessment Briefing (Presentation with Online Polling)

[Click here the view the presentation](#)

## III. Small Group Activity and Discussion (Poster Board Activity and Small Group Discussion)



### Small Group Discussion

Health Sector Professionals – What suggestions do you have for planners to achieve better health outcomes in our communities?

- Diversify Planning Workforce + leadership
- Prioritize health equity Projects instead of a side thought
- Listen to vulnerable communities

Planning Sector Professionals – What suggestions do you have for health professionals to achieve better health outcomes in our communities?


- Get more involved in Policy work /advocacy

What specific programs, practices, or policies can we work on together to leverage existing resources and capacities from both planning and health sectors to address specific domains/indicators?

- Safe Routes to School
- Complete Streets
- Health equity in all policies

How can we ensure that planning and health sectors work in tandem to address specific domains/indicators in the future?

- Funding for cross-sector positions



MIAMI VALLEY  
Regional Planning Commission



### Small Group Discussion

Health Sector Professionals – What suggestions do you have for planners to achieve better health outcomes in our communities?

- Increase Employment opportunities
  - ↳ more local jobs
  - ↳ higher paying jobs
- Build more safe + affordable housing
- develop + create ~~public~~ green spaces + trail access
- get involved w/ local CHIP
- walkable public spaces/active transportation

Planning Sector Professionals – What suggestions do you have for health professionals to achieve better health outcomes in our communities?

- health education at younger ages
- educate planners about public health / partner w/
- get involved @ community level to provide resources + services
- equalizing education opportunities in region

What specific programs, practices, or policies can we work on together to leverage existing resources and capacities from both planning and health sectors to address specific domains/indicators?

#### PRACTICE

- ↳ Being on each other's policy-making boards
- ↳ use data-driven decision making processes / tie policy to SDG4
- ↳ Joint programs for health literacy (standardize understanding of terms)

- Public Health

How can we ensure that planning and health sectors work in tandem to address specific domains/indicators in the future?

- ↳ Joint planning/health "Symposium" where residents give input + gain knowledge about public health policies
- ↳ Citizen-led policy-making board

### Small Group Discussion

Health Sector Professionals – What suggestions do you have for planners to achieve better health outcomes in our communities?

- Attend CHA, CHIP
- Share agendas
- Collaborate on SP

Planning Sector Professionals – What suggestions do you have for health professionals to achieve better health outcomes in our communities?

- Share data on health trends
- Contact City/County Officials  
\* Subgroups (schools, LE)
- Provide info/education on nutrition/physical activity

What specific programs, practices, or policies can we work on together to leverage existing resources and capacities from both planning and health sectors to address specific domains/indicators?

- Community Support (Food Banks, Libraries)
- Parks/Rec
- Healthcare
- Public Health
- Pick Health topic: Physical Activity/Nutrition

How can we ensure that planning and health sectors work in tandem to address specific domains/indicators in the future?

- Proactive communication
- Groups meeting
- Decision makers backing



### Small Group Discussion

Health Sector Professionals – What suggestions do you have for planners to achieve better health outcomes in our communities?

- Health Equity in all policies - disparity data  
↳ identify geographic areas - of low access/opportunity
- consulting with health professionals on projects - multi-disciplinary approach - community voice?
- creativity in facility development  
(ie: healthcare + groceries - Gen City Market)  
↳ more natural interest (ages/cultures)

Planning Sector Professionals – What suggestions do you have for health professionals to achieve better health outcomes in our communities?

- What data do healthcare planners rely on to make decisions? (MVS - Maternity)
- use planners for community connectivity  
↳ tend to know individuals at neighborhood level
- share diverse data

← data sharing →

What specific programs, practices, or policies can we work on together to leverage existing resources and capacities from both planning and health sectors to address specific domains/indicators?

- Phoenix Project → Premier/Dayton collaboration (healthcare access)
- include planners in CHIP/CHA development
- collaboration with community task Forces - diversify members

How can we ensure that planning and health sectors work in tandem to address specific domains/indicators in the future?

- Develop a "buddy system" - partnerships cross-sector
- seats on boards/committees - No PH on Planning!

### Small Group Discussion

Health Sector Professionals – What suggestions do you have for planners to achieve better health outcomes in our communities?

- Hear Community Speak
- Reduce Zoning barriers
- Get into Community

Planning Sector Professionals – What suggestions do you have for health professionals to achieve better health outcomes in our communities?

- Supply Staff/Expertise to assist w/ Initiatives
- Become more visible
- 

What specific programs, practices, or policies can we work on together to leverage existing resources and capacities from both planning and health sectors to address specific domains/indicators?

- Inventory of Resources - Share our info
- Report to Community

How can we ensure that planning and health sectors work in tandem to address specific domains/indicators in the future?

- Communication •
- Sharing Plans - Get out of Silos
- Strategic Planning → Task Force?