





#### Miami Count Public Health HEAL Grant Active Living Workshop Summary

This Active Living workshop was held on August 14th, 2025 at Edison State Community College in Piqua, Ohio. It was performed as part of the Healthy Eating, Active Living (HEAL) Grant which was awarded to Miami County Public Health (MCPH). The event was a joint effort between MCPH and The Miami Valley Regional Planning Commission (MVRPC) and was attended by seven planners, public health professionals, and other stakeholders to discuss the active living conditions within the grant's study area. MVRPC staff presented findings from the PLAN4Health – Miami Valley Built Environment Assessment and discussed the topic of active living. Workshop participants engaged with multiple activities throughout event, including a "spot the difference" warm-up exercise, an active living evaluation and exploration mapping activity, and a vision / goals brainstorming exercise. The following pages show the outcomes of the workshop activities.

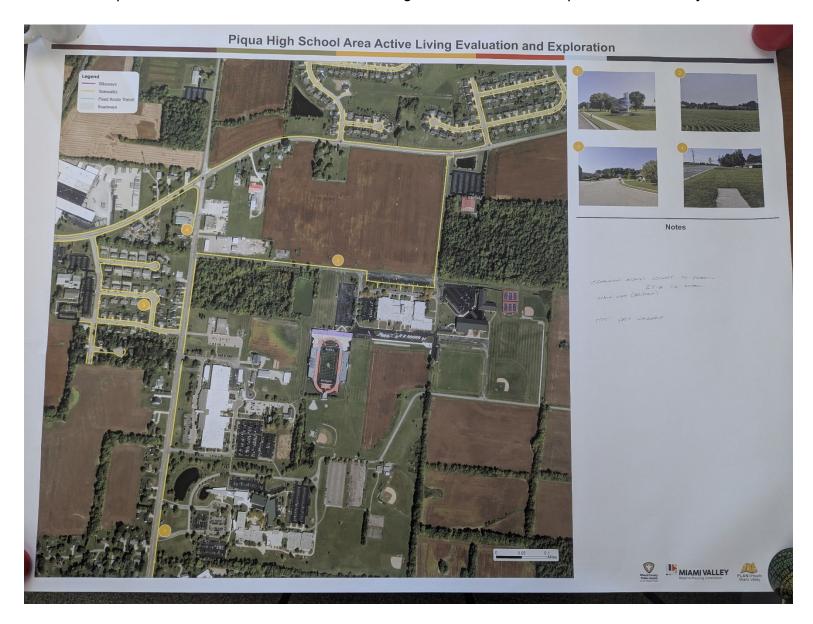








# **Active Living Evaluation and Exploration Mapping Activity: Piqua High School**

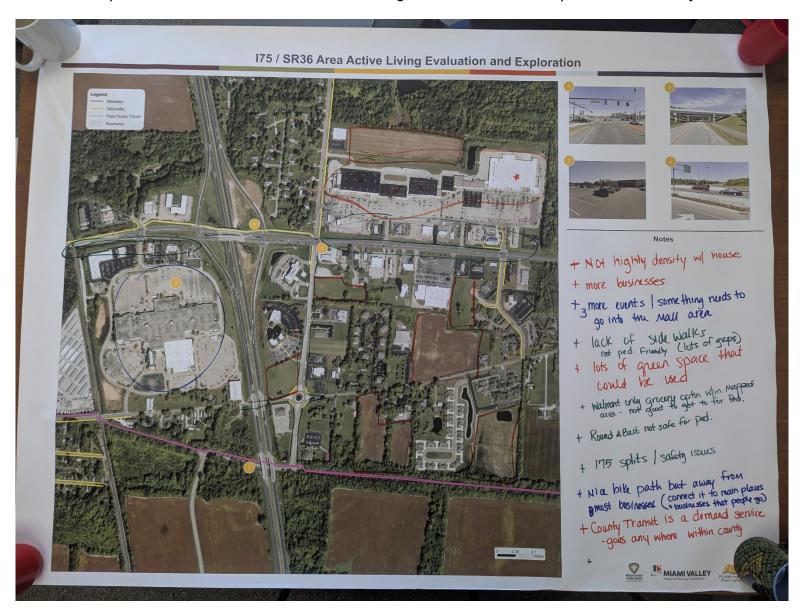








### **Active Living Evaluation and Exploration Mapping Activity: 175 / SR36 Area**









# **Active Living Evaluation and Exploration Mapping Activity: Mote Park**

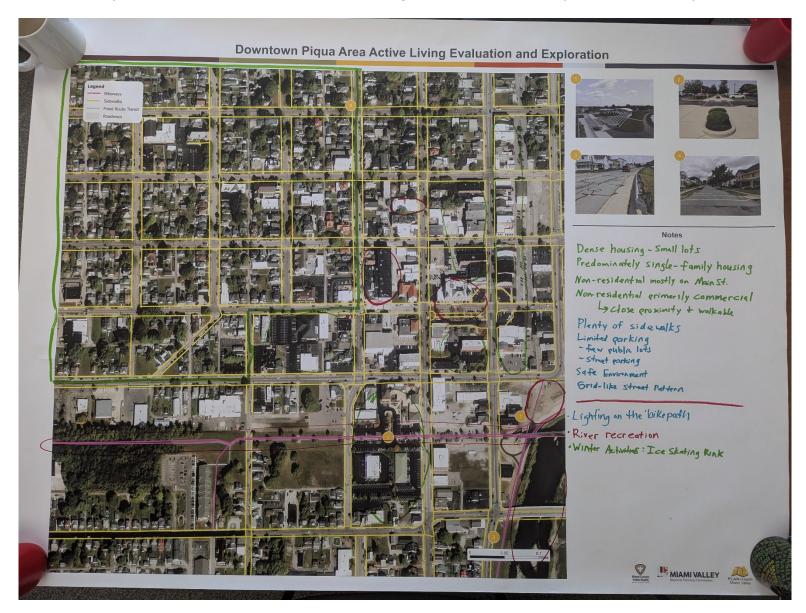








#### **Active Living Evaluation and Exploration Mapping Activity: Downtown Piqua**



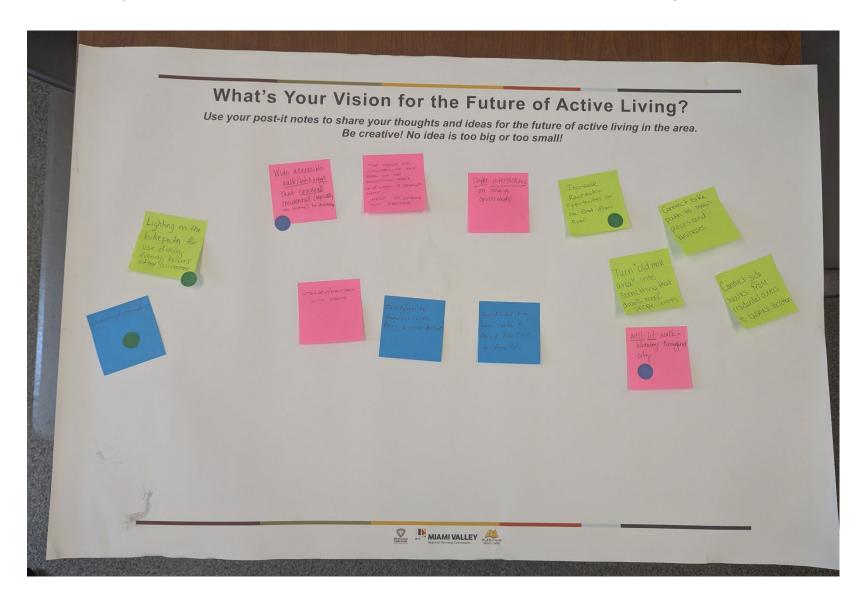






# **Vision Activity**

Participants were asked to write down their vision / ideas for the future of active living in the area









#### **Activities and Discussion Summary:**

Analyzing the content of the activities and discussion revealed some insights.

- Many comments and much of the discussion revolved around missing sidewalk and bikeway connections between residential, commercial, and civic centers.
- Comments were received on redeveloping certain area, particularly the Piqua Center mall, could be a catalyst to improve walkability in the area.
- Expansion of bike lanes throughout the study area and city in general a suggestion by participants to increase bikeability in the area.
- Many dangerous intersections were marked on the mapping activity and discussed to be a significant barrier to active living in the area.
- A few comments focused on improving recreational assets as a way to encourage individuals to seek out active living opportunities.
- Some participants and comments remarked that walkability in some areas may be somewhat safe and feasible, however they lack amenities such as streetlights, tree coverage, seating, etc., that make it a more attractive place to be a pedestrian in.
- One comment notes that the development patterns of the area have created some disconnect for pedestrian friendly environments. A focus on pedestrian friendliness downtown has made the area attractive to be a pedestrian in, but this focus has not expanded elsewhere into most residential neighborhoods, suburban shopping centers, etc.
- Similar to the above point, a number of comments on the mapping exercise noted the majority of
  residential units are single family. Additionally, the further away from the downtown area you go, the less
  dense the housing generally becomes.
- Accessibility challenges were also brought up. Some participants noted that there are areas which may seem safe, but are actually uncomfortable and unsafe to individuals with mobility challenges.

Click here the view the workshop agenda

Click here the view the workshop presentation