Institute for Livable and Equitable Communities
Steering Committee Meeting

LOCATION: MVRPC – 10 N. Ludlow Street, Suite 700, Dayton, OH
DATE/TIME: Friday, January 27, 2023 at 9:30 a.m.

Agenda

Item	Topic	Est. Time	Presenter
I.	**Call to Order and Introductions**	9:30	Rap Hankins
* II.	**Approval of October 28, 2022 – Meeting Minutes**	9:35	Rap Hankins
III.	**Public Comment Period on Action Items**	9:40	Rap Hankins
* IV.	**Action Items** A. 2023 Livable and Age-Friendly Grant	9:45	Serena Anderson & Donna Kastner
V.	**Information Items**		
*	A. Miami Valley Age-Friendly Network Update • MVAFN January Meeting Recap	10:15	
*	B. Regional Equity Initiative Update • Environmental Justice Thriving Communities Technical Assistance Program • Affordable Connectivity Program & Outreach Grant • FY 2024 Strategic Priorities & Work Program	10:17	Fabrice Juin
*	C. MVRPC Agency Update • 2023 Institute Steering Committee Nomination Process • MVRPC Staff Updates	10:25	Brian Martin
VI.	**Discussion**	10:40	Rap Hankins
VII.	**ADJOURNMENT**	10:45	Rap Hankins

Next Meetings		
Institute Steering Committee	Friday, April 14th at 9:30 a.m.	MVRPC
Age-Friendly Network	Wednesday, April 12th at 10:00 a.m.	Zoom
Regional Equity Initiative	Tuesday, February 28th at 2:30 p.m.	Zoom

For upcoming community events and activities for equity related topics visit the Regional Equity Calendar at:
http://mvrpc.org/regional-equity-calendar

10 North Ludlow St., Suite 700
Dayton, Ohio 45402

Shaping Our Region's Future Together

937.223.6323
TTY/TDD 1.800.750.0750
mvrpc.org

MIAMI VALLEY REGIONAL PLANNING COMMISSION
INSTITUTE FOR LIVABLE AND EQUITABLE STEERING COMMITTEE MEETING
<u>**MINUTES**</u>

Miami Valley Regional Planning Commission   **October 28, 2022**
10 N. Ludlow St., Suite 700, Dayton, OH 45402   **9:30 AM**

<u>**Members/ Alternates**</u>   <u>**Staff**</u>
Judy Dodge, Montgomery County   Serena Anderson
Rap Hankins, City of Trotwood   Savannah Diamond
Matt Joseph, City of Dayton   Fabrice Juin
Geraldine Pegues, Montgomery County   Donna Kastner
Stacy Schweikhart, Learn to Earn Dayton   Mike Lucas
Barbra Stonerock, The Dayton Foundation   Brian Martin
Debborah Wallace, Beavercreek Township
Sarah Williams, City of Huber Heights

The Miami Valley Regional Planning Commission's Institute Steering Committee met on Friday, October 28, 2022 at 9:30 a.m. at MVRPC, 10 N. Ludlow St., Suite 700, Dayton, Ohio 45402. All members and news media were notified of the meeting pursuant to the Sunshine Law.

I.   WELCOME AND INTRODUCTIONS

Chairperson Wallace called the meeting to order at 9:35 a.m. Self-introductions were made.

II.   APPROVAL OF JULY 29, 2022 MEETING MINUTES

Mr. Joseph made a motion to approve the minutes from the July 29, 2022 Institute Steering Committee meeting. Mr. Hankins seconded the motion. The motion passed unanimously.

III.   PUBLIC COMMENT ON ACTION ITEMS

None

IV.   INFORMATION ITEMS

A. Miami Valley Age-Friendly Network Update

Ms. Anderson introduced Ms. Donna Kastner as the new Del Mar Encore Fellow at The Dayton Foundation and provided a brief background about Ms. Kastner. Ms. Anderson then provided a recap from the Miami Valley Age-Friendly Network meeting held on October 12, 2022.

Lastly, Ms. Anderson discussed the future funding and outreach to diverse communities. She stated that the goal is to keep the momentum of what we started and provide opportunity for new communities to join at the same time. The key strategies moving forward are direct outreach, learn and partner with existing cohort members, identify potential key partners to take on the work, and identify a potential "champion to lead".

B. Regional Equity Initiative Update

Mr. Juin first shared the REI Sub-committee's definition of Equity as: *a condition of parity that is achieved by being intentional about improving quality of life for populations that are underserved,*

under resourced, and vulnerable. Next, Mr. Juin provided an update on the REI Sub-committee membership changes and thanked Ms. Mary Tyler for her time she spent on the committee.

Lastly, Mr. Juin shared the PLAN4Health- Miami Valley Health Environment Assessment Equity Analysis. The [Health Environment Assessment Equity Analysis](#) was conducted and the findings were published in August 2022. Mr. Juin shared the highlights of the analysis and stated one of the major findings is the social determinants of health conditions in our region vary by neighborhood and accesses to opportunities are not equal. He then showed the data broken into graphs by each SDOH Index Outcome: Urbanization, Poverty Status, and Race/Ethnicity.

C. MVRPC Agency Updates

Mr. Martin thanked the ISC members who sit on the MVRPC Board of Directors for voting for the membership dues increase on the October 6, 2022 Board meeting. He then stated that $0.02 of that budget is set aside for the Institute.

V.   ADJORNMENT

Chairperson Wallace called for a motion to adjourn the meeting. Ms. Stonerock made a motion to adjourn the meeting. Ms. Williams seconded the motion and all were in favor. Chairperson Wallace adjourned the meeting at 10:44 a.m.

2023 Livable & Age-Friendly Communities Grant Opportunity

With generous support from the DMH-Dayton Fund at The Dayton Foundation, the MVRPC Institute for Livable & Equitable Communities is pleased to announce a funding opportunity for MVRPC member organizations. Grants are available in amounts from $5,000 to $20,000 to support the pursuit of AARP Age-Friendly Communities designation. Size and scope of the community will be key criteria for determining the amount awarded to each community.

AARP Age-Friendly Communities designation is a multi-year planning effort focused on recognizing and enhancing age-friendly, livable aspects of your community. This grant is intended to support new communities joining this program and their efforts in the first year of participation.

BACKGROUND

For the First Time in U.S. History Older Adults Are Projected to Outnumber Children by 2034
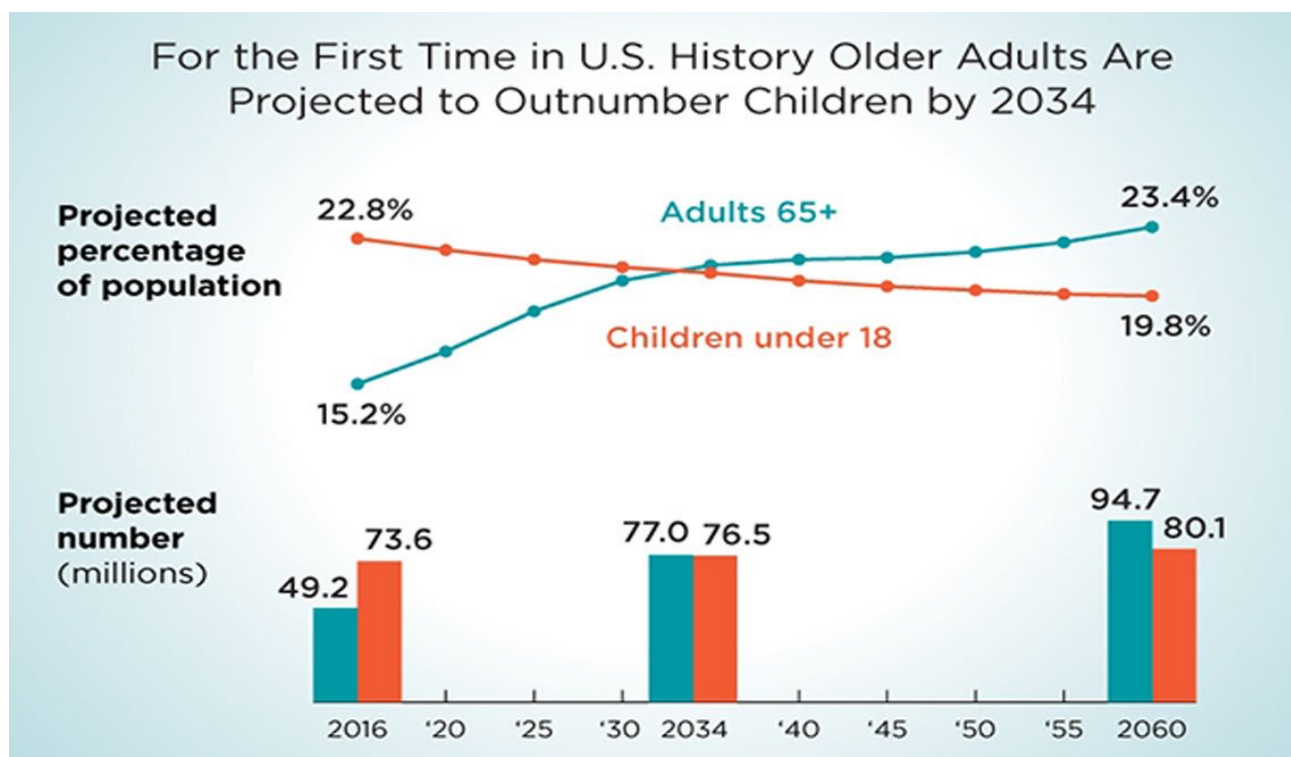
CHART FROM THE U.S. CENSUS BUREAU

Fact: The population of the United States is rapidly aging. Per AARP:

- By 2030, one of five people in the U.S. will be 65 or older
- By 2034, for the first time in history, the number of adults older than 65 will be greater than the number of children under 18.

Fact: The Miami Valley region has experienced this age demographic shift sooner than others. By 2020, older adults have outnumbered younger, and experts predict this will intensify for at least the next two decades (statistics derived from Ohio Development Services Agency, Office of Research, 2018).

Our communities need to prepare for the rapid aging of the US population, with more attention focused on addressing environmental, economic, and social factors that influence the health and well-being of older adults.

The AARP Network of Age-Friendly States and Communities (NAFSC)

AARP is the US affiliate of the World Health Organization's global network for age-friendly cities and communities. The Network of Age-Friendly States & Communities (NAFSC) helps cities, towns, and states prepare for the rapid aging of the U.S. population. It is not politically motivated or affiliated.

The NAFSC is a national movement of elected & community leaders who have made a *formal commitment* to actively work toward making their town, city, county or state a great place to live for people of all ages. Joining the Network isn't a certification or designation that your community IS age-friendly. Rather it's a public commitment by local leadership to BECOME an age-friendly community. The NAFSC is a program within the larger AARP Livable Communities Initiative. It is hands on, locally determined and directed. AARP engages with elected officials, partner organizations and local leaders to guide communities through the age-friendly network's assessment, planning, implementation and evaluation process. To learn more about the process, watch Age-Friendly Network Training.

Age-friendly, livable communities are places where the built and social environments are accessible to and inclusive of all residents. People of all ages benefit from the adoption of policies and programs that make neighborhoods walkable, feature transportation options, enable access to key services, provide opportunities to participate in community activities and support housing that's affordable and adaptable. Well-designed, age-friendly communities foster economic growth and make for happier, healthier residents of all ages. Age-Friendly livability projects across the country have been successfully implemented in communities of all sizes and in places that are urban, suburban and rural.

Why Become an Age-Friendly Community

- Being an Age Friendly/Livable Community **benefits all ages**. Barriers are removed, projects that result are designed for diversity, and the community becomes more inclusive and cohesive. Age-friendly communities are great places to live, have a family, and grow older in.

- Engaging in the process to become an Age-Friendly Community **enhances social relationships and bonds** among all community residents. It provides opportunities for residents from different backgrounds and ages to interact and get to know each other, thus facilitating community integration. People feel included and involved.

- There are **economic benefits** to engaging older adults. Older adults and people from different backgrounds expand the labor pool and help address labor shortages. Older adults start more new businesses than young adults, helping to grow the local economy.

- There are **social benefits**. Older adults serve the community through volunteering and civic engagement. All of us are social creatures and our lives are improved by the quantity and quality of our relationships and interactions with others. Never more so than now.

- Age-Friendly communities have **healthy and connected** neighborhoods that improve the quality of life for all.

- Age-Friendly communities **have lower public and personal costs** related to illness and health care.

- Becoming an Age-Friendly community brings **opportunities for coordination and collaboration** among all 8 AARP Domains: Housing, Transportation, Communication & Information, Civic Participation & Employment, Respect & Social Inclusion, Social Participation, Outdoor Spaces & Buildings and Community Support & Health Services.

- Many private businesses and corporations, as well as the federal government look at the **AARP Livability Score** as a determinant of where to locate their businesses or programs.

- Having the official designation provides access to **technical assistance, information, resources** and invaluable **connections** to other Age-Friendly/Livable Communities: large and small, rural and urban.

- There are extensive **funding sources specifically designated for Age-Friendly/Livable Communities** on the local, state, national and even international level (Age-Friendly is a World Health Organization designation). Funds range from small Challenge Grants from AARP to larger projects for recreation, housing, health, transit, mobility, internet, etc.

BUILT ENVIRONMENT

OUTDOOR SPACES AND BUILDINGS

HOUSING

TRANSPORTATION

THE
8
DOMAINS OF LIVABILITY

HEALTH SERVICES AND COMMUNITY SUPPORTS

CIVIC PARTICIPATION AND EMPLOYMENT

SOCIAL PARTICIPATION

COMMUNICATION AND INFORMATION

RESPECT AND SOCIAL INCLUSION

SOCIAL ENVIRONMENT

Age-Friendly Communities Funding Opportunity

The Del Mar Health-Dayton Fund at The Dayton Foundation is offering a grant opportunity to to pursue Year 1 steps within the context of a larger multi-year planning effort. Size and scope of each community will guide decisions around grant amounts awarded, which could range from $5,000 to $20,000.

How funds are invested will be at the discretion of each community; however, grant recipients must agree to invest at least half for developing a community survey and accompanying listening sessions/focus groups and/or critical research, data analysis and technical assistance to create an action plan for age-friendly livable community initiatives. Funding assistance could also be used for team formation, the engagement of stakeholders and the recruitment of volunteers.

Proposal Deadlines:

All proposals must be completed and submitted on or before the due date to be considered.

Submission deadlines are as follows:

| Proposal Deadline	Decision Date	Grant Period
March 31, 2023	April 30, 2023	June 2023 – May 2024

- The funding review process includes a thorough review of the merits of each proposal

- To be fair to all applicants and to permit adequate time for the review process, any proposals received after 11:59 p.m. on the deadline will be not be considered

- Proposals must be submitted by a person authorized by the organization

- If any sections of the proposal are incomplete, a written statement must be submitted explaining the reason(s)

To be Eligible for a Grant, Your Organization Must:

- Be an MVRPC member agency and an eligible tax exempt public agency

- Make a commitment to becoming a designated age-friendly community by joining the AARP/World Health Organization (WHO) Network of Age-Friendly States & Communities

Project Deliverables

- Conduct a comprehensive livability assessment to better understand community members' perceptions, behaviors and satisfaction with elements related to AARP's 8 Domains of Livability framework used by those enrolled in the AARP Network of Age-Friendly States and Communities. This assessment process should also explore opportunities to ease disparities and/or advance equitable outcomes for historically marginalized or underserved populations.

- Prepare and submit a mid-year and final report that captures steps taken/progress and key findings from all assessment efforts, as well as details on how funds were invested.

- Establish a core team of stakeholders/volunteers who are interested in advancing age-friendly initiatives and have capacity to support progress for this program. To learn more about establishing a core team, view the graphic below and review page 10 of Book 1: Roadmap to Livability.
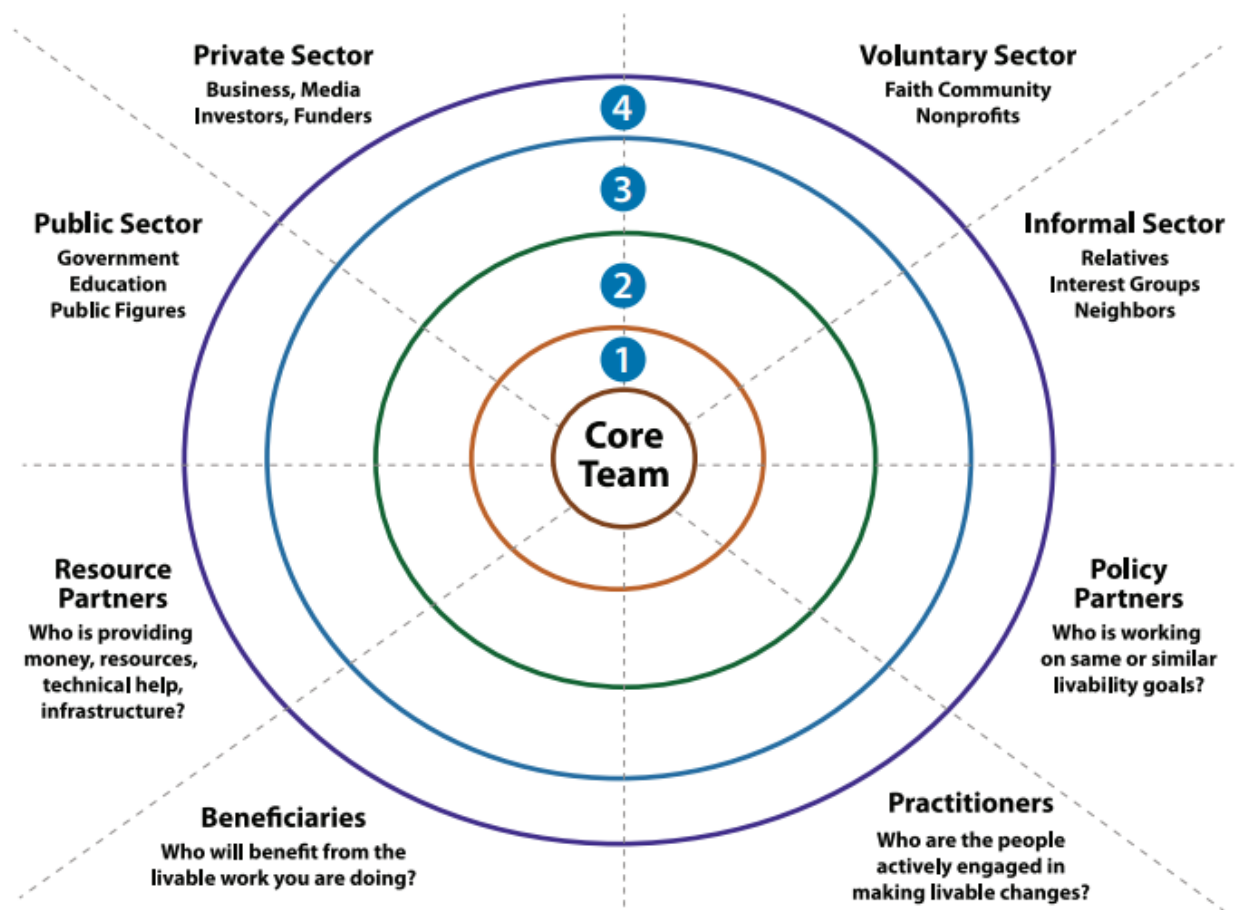
Required Participation in the Miami Valley Age-Friendly Communities Cohort

Successful grant applicants will designate representative/s to participate in the Miami Valley Age-Friendly Communities Cohort for the first year of this program. This cohort of communities will work closely together to advance through the age-friendly designation process.

Proposal Guidelines - All proposals are due no later than 11:59 p.m. on March 31, 2023

Step 1: Complete the Project Scoping Outline

Please use an 11 point font and do not exceed 4 pages.

Step 2: Submit Project Scoping Outline and Supporting Documentation

Required documentation for submission:

Completed Project Scoping Outline

A copy of the organization's most recently completed audit, including auditor's notes *or* a balance sheet and income statement covering the agency's most recently completed fiscal year

Please send all documentation as email attachments (PDF documents preferred) to Donna Kastner dkastner@mvrpc.org. You will receive an email confirmation when your proposal has been received. If there are additional questions about your proposal, MVRPC will contact you.

Final Decision and Notification

- Once a decision has been made, MVRPC will contact you.

- Projects are funded through The Dayton Foundation.

- All funds will be distributed via Electronic Funds Transfer (EFT). If selected, you will be asked to complete a full application for funds and written EFT Authorization Form from The Dayton Foundation if the Foundation does not already have the necessary information.

- Awarded Grantees will be invited to attend an orientation virtually or at The Dayton Foundation to introduce the program, provide training, define expectations and answer questions.

Additional Grant Expectations

Press Release: each organization receiving a grant is required to publish an acknowledgement of the grant. The publicity may be in the form of a press release, an annual report, a brochure or materials related to the project or in some other means of communication. All public recognition should acknowledge the Institute for Livable & Equitable Communities at MVRPC and The Dayton Foundation. Note: All acknowledgements and any publicity regarding the grant must be submitted to for review and comment prior to publication/release to the public.

Narrative and financial reports: will be required during the grant period. Examples of the reporting requirements can be provided upon request. Further detail about required reporting will be provided during the grantee orientation session.

For Additional Information

Contact Donna Kastner, Del Mar Encore Fellow, MVRPC's Institute for Livable and Equitable Communities at dkastner@mvrpc.org

Age-Friendly Initiative Project Scoping Outline

PART 1: GENERAL INFORMATION

Name of Local Government Organization	
Mailing Address	
City, State & Zip	
Phone Number	
Website	
Federal Tax ID	
Point of Contact Name	
Point of Contact Title	
Point of Contact Email Address	
Point of Contact Phone Number	

Please provide a summary of your project proposal in no more than four sentences:

TERMS AND CONDITIONS

ASSURANCES
- Agency is an MVRPC Member
- Agency is an eligible tax exempt public agency
- Agency will commit to becoming a designated age-friendly community by joining the AARP/World Health Organization (WHO) Network of Age-Friendly States & Communities

Application must be submitted only as an e-mail attachment to dkastner@mvrpc.org.
I hereby certify that, to the best of my knowledge, all information presented in connection with this application is accurate.

City Manager / Administrator Signature	Date
Mayor/Commission/Board Chair Signature	Date

Age-Friendly Initiative Project Scoping Outline

PART 2: PROJECT SUMMARY

Please summarize your project proposal, including brief, but specific responses to the following: providing a 3-4 sentence paragraph per question

Name of Community	
Anticipated Project Budget	

Tell us why you are interested in pursuing Age-Friendly Communities designation.

Collaboration amongst eligible MVRPC members is encouraged. Tell us more about how you will partner with other communities and public agencies.

What are the current strengths of your community as related to age-friendliness?

What are the areas where you feel your community could be more age-friendly?
It is important to consider engaging early and to establish a core team & stakeholder groups. How will you involve your residents and community stakeholders in this effort?
What strategy for survey implementation and/or community outreach will you use to ensure underserved populations are a part of the effort or captured?
If awarded, who would be the representative/s from your community to participate in the Miami Valley Age-Friendly Communities Cohort? (described on page 4)

OPTIONAL

Please provide a budget if known to help ensure funding meets project needs. If budget is unknown, we will work with you to identify a budget accordingly. If expenses exceed revenues, please explain how difference will be offset with additional funding.

Age-Friendly Initiative Project Scoping Outline	
PART 3: PROJECT BUDGET	
REVENUE	**BUDGET**
DMH-Dayton Fund – The Dayton Foundation	
Other Grants	
Other (include any in-kind support)	
Total Revenue	XXX
EXPENSES (line-by-line breakdown)	**BUDGET**
e.g. Contractor/Consultant	
Total Expenses	$0.00
REVENUE LESS EXPENSES	$0.00

Accompanying one-page narrative welcome if additional explanation is warranted.

Miami Valley Age-Friendly Network

Recommendations for 2023 Grants

MIAMI VALLEY
Regional Planning Commission

INSTITUTE FOR LIVABLE & EQUITABLE COMMUNITIES

MVAFN January Meeting:
Civic Participation & Employment

Mike Bevis
Strategic Sales &
Marketing Partners LLC

Leigh Sempeles
Senior Fellow
The Dayton Foundation

Donna Kastner
Fellow/MVRPC
The Dayton Foundation

Institute Domain Topics Covered

EDUCATION

EMPLOYMENT &
VOLUNTEERING

ENGAGEMENT

HEALTH &
ENVIRONMENT

HOUSING

NEIGHBORHOOD

SAFETY &
JUSTICE

TECHNOLOGY &
CONNECTIVITY

TRANSPORTATION

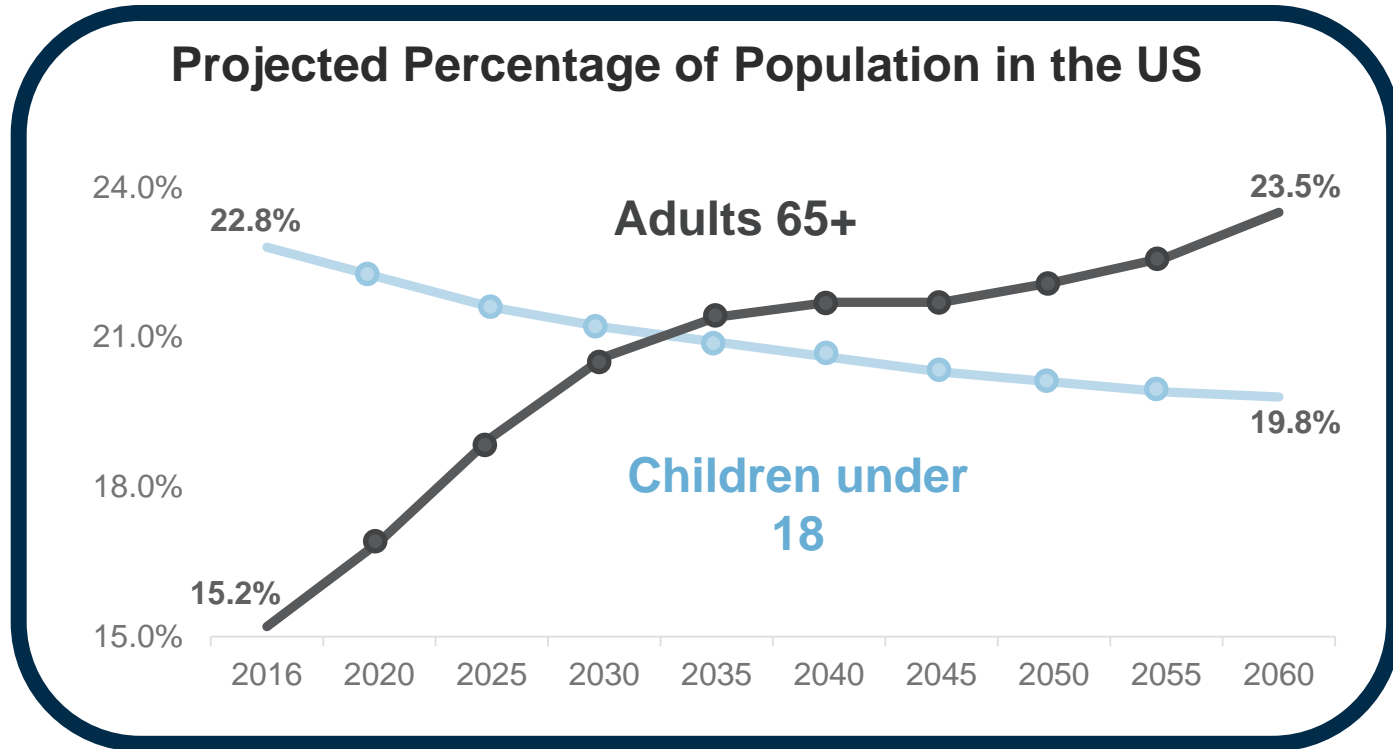# Ohio's First Age-Friendly Region

Miami Valley Age-Friendly Cohort

- Miami County
- Harrison Twp
- Washington Twp
- Bellbrook
- Brookville
- Centerville
- Huber Heights
- Kettering
- Xenia
- Yellow Springs

Coalition of Age-Friendly Communities Ohio
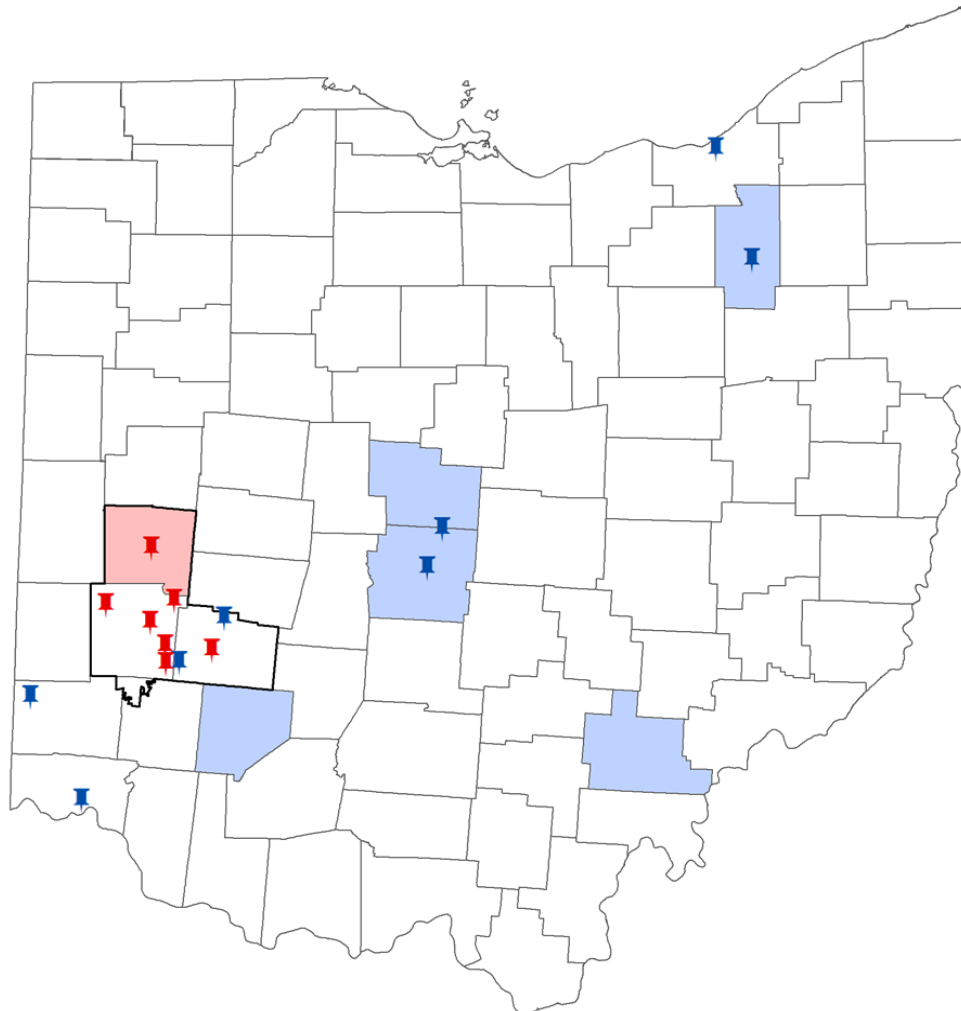
- Athens County
- Clinton County
- Delaware County
- Franklin County
- Summit County
- Akron
- Cleveland
- Columbus
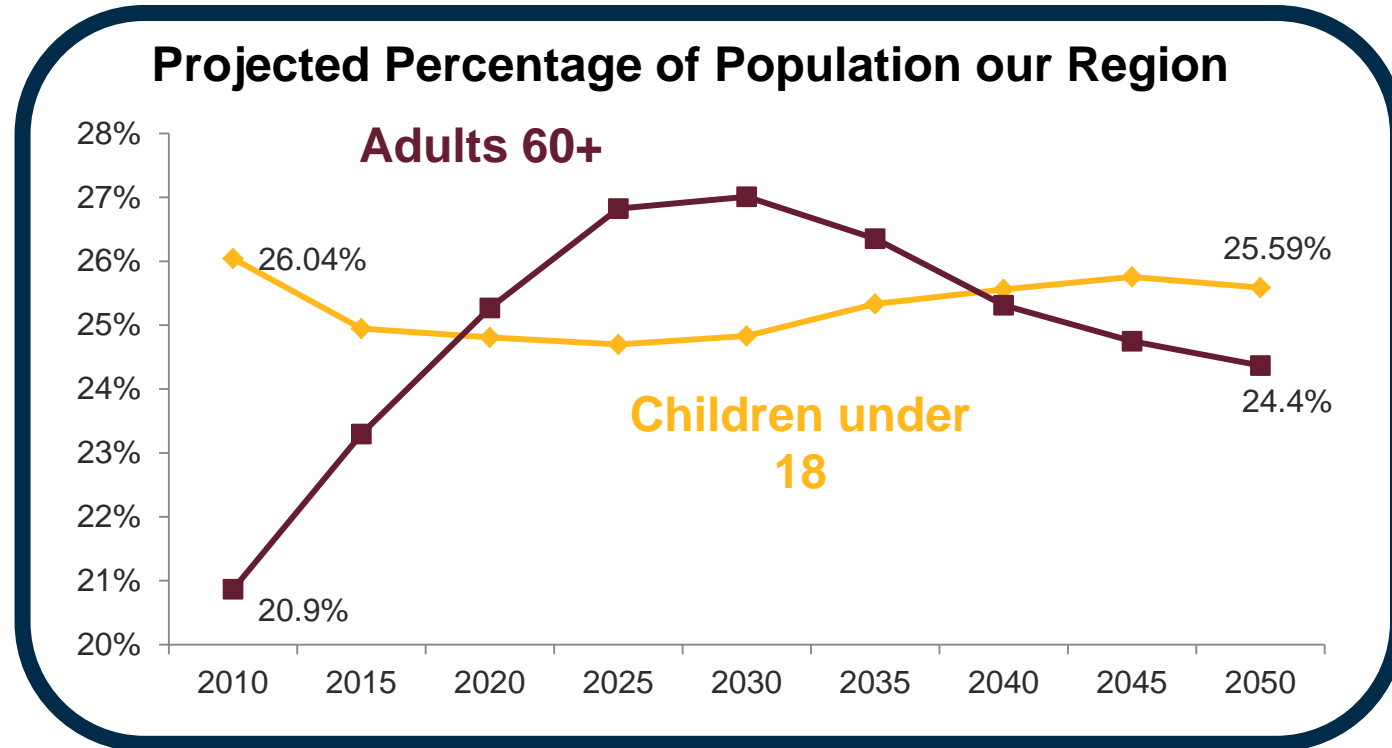- Cincinnati
- Oxford
- Westerville

The Changing Demographics

Projected Percentage of Population in the US

Adults 65+

Children under 18

22.8%
15.2%
23.5%
19.8%

24.0%
21.0%
18.0%
15.0%

2016 2020 2025 2030 2035 2040 2045 2050 2055 2060

By 2034, older adults will outnumber children for the first time in history

The Miami Valley Region

Projected Percentage of Population our Region

- Adults 60+
- Children under 18

26.04%

25.59%

20.9%

24.4%

2010 2015 2020 2025 2030 2035 2040 2045 2050

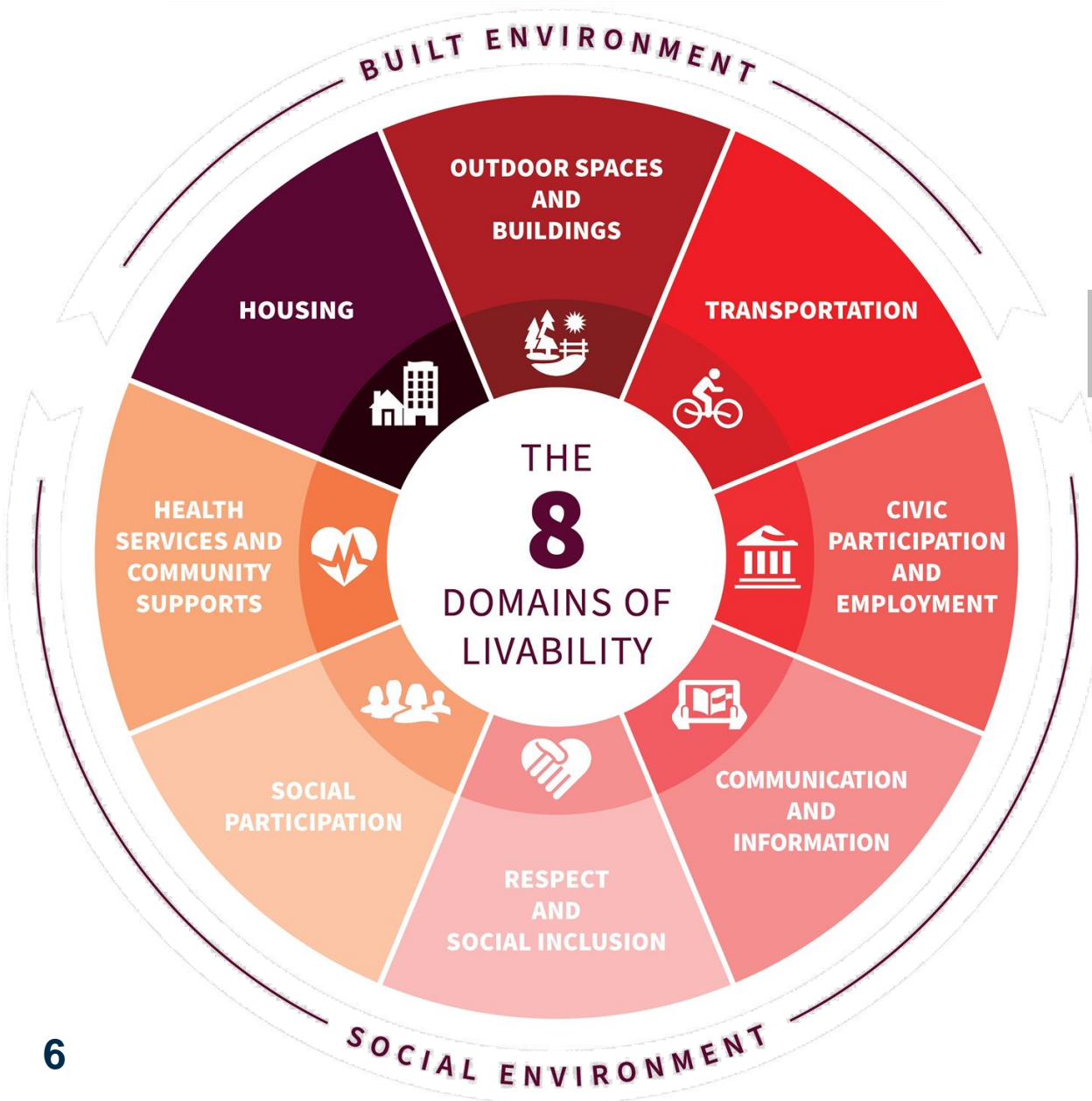**For our Region, the delta is happening now!**

5

AARP/WHO Age-Friendly Livable Communities Program


Year 1: Conduct a survey and listening sessions

Year 2: Create an action plan

Years 3-5: Implementation & Continuous Improvement

Miami Valley Age-Friendly Current Cohort

Community	County	% Population >60
Bellbrook	Greene	22.90%
Brookville	Montgomery	34.90%
Centerville	Montgomery	37.40%
Harrison Township	Montgomery	27.10%
Huber Heights	Montgomery	21.90%
Kettering	Montgomery	25.40%
Miami County	Miami	25.00%
Troy	Miami	20.50%
Xenia	Greene	26.20%

Legend

☐ Grantee

60 & Older
- 6% - 15%
- 16% - 20%
- 21% - 25%
- 25% - 35%
- 37% - 55%
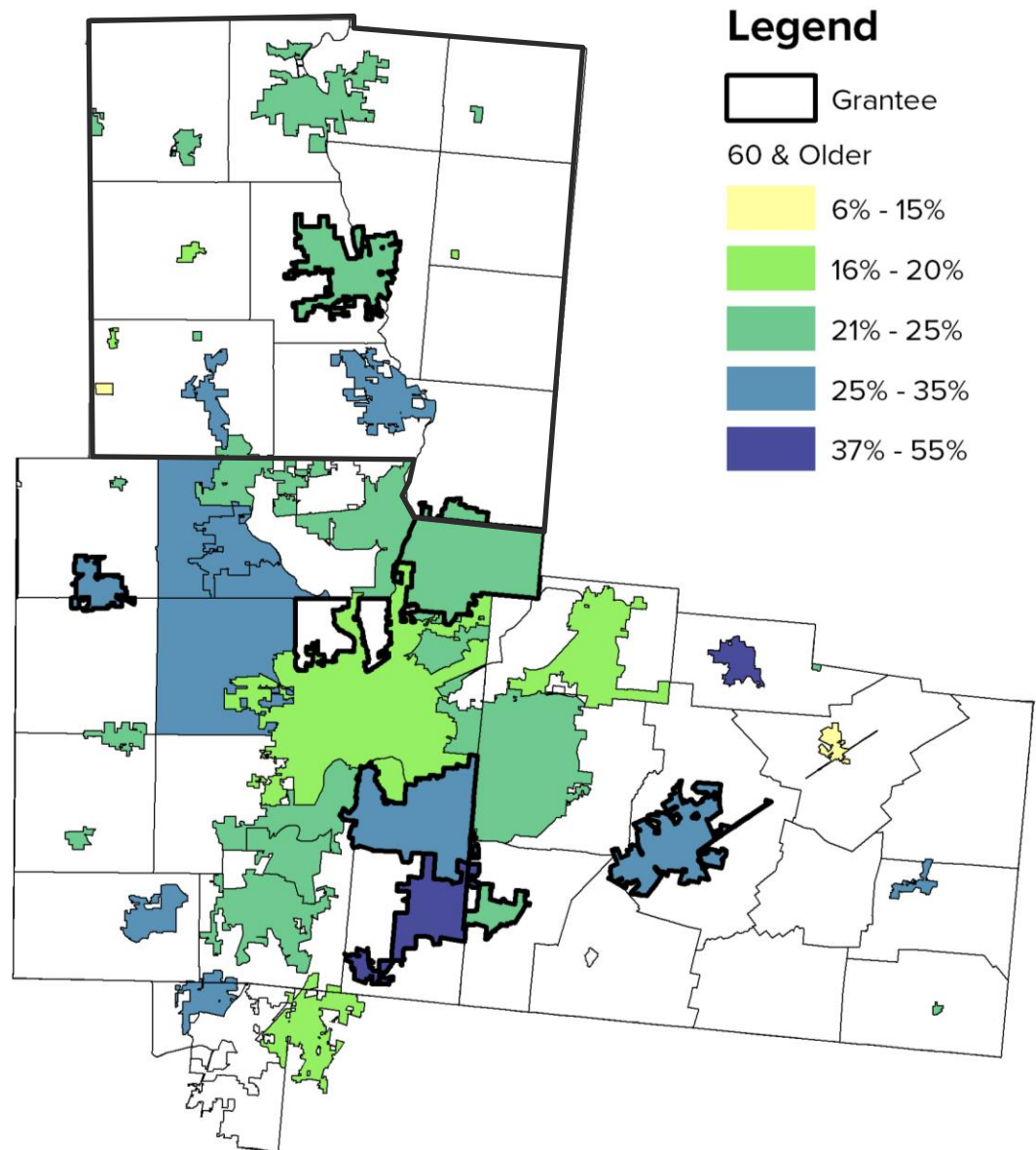
Recommendation #1: Two Phases of Grants

Recommendation #2: Award Aligns with Community Size

Phase 1: Feb – April 2023
Year 1: ASSESSMENT

New communities throughout the Miami Valley region are invited to join the AARP Age-Friendly Cohort

Must be members of MVRPC

Grant amounts awarded to scale with community size (grants from $5,000 to $20,000 per community)

Approximately 50% of total grants

Phase 2: April – June 2023
Year 2: ACTION PLAN

Communities in current cohort invited to apply for Year 2 support

Must be members of MVRPC + successfully completed Year 1

Grants awarded to scale with community size + complexity of proposed action plan strategy

Approximately 50% of total grants

For more information:

Donna Kastner
dkastner@mvrpc.org

Serena Anderson
sanderson@mvrpc.org

Environmental Justice Thriving Communities Technical Assistance Centers Program

- Provides grant funding to eligible applicants to establish technical assistance centers across the nation providing technical assistance, training, and related support to communities with environmental justice concerns and their partners

- EPA intends to award between 5-10 cooperative agreements under this RFA for approximately up to $10,000,000 each

- Applying to cover EPA Region 5 (Illinois, Indiana, Michigan, Minnesota, Ohio, Wisconsins, and 35 Tribes)

- University of Dayton serving as lead applicant

Award Implications for MVRPC/ILEC

MVRPC providing expert consultation on matters related to planning

ILEC providing expert consultation on equitable approaches, cultural competency, anti-racism, and justice-oriented action

Serving as Ohio-based spoje to Midwest TCTAC

Would include the provision of funding and staffing

Affordable COnnectivity Program

- FCC benefit program that helps ensure that households can afford the broadband they need for work, school, healthcare and more
- Provides a discount of up to $30 per month toward internet service for eligible households and up to $75 per month for households on qualifying Tribal lands
- Eligible households can also receive a one-time discount of up to $100 to purchase a laptop, desktop computer, or tablet from participating providers if they contribute more than $10 and less than $50 toward the purchase price
- Limited to one monthly service discount and one device discount per household

ACP Outreach Grant Program

- Goal: To facilitate the promotion of the Affordable Connectivity Program and increase awareness of and participation in the Affordable Connectivity Program among eligible households.
- Funding Floor: $50,000 | Funding Ceiling: $1,000,000
  - Project Number of Awards: 200 – 400
  - Each state to receive a minimum allocation of $500,000
  - No cost sharing or matching requirements
- Period of Performance: March 2023 to March 2025
- Application Submission Deadline: January 9th, 2023 (via Grants.gov)

- Urban League of Greater Southwestern Ohio (via Miami Valley Urban League) serving as lead applicant

Award Implications for MVRPC/ILEC

- Joint project impacting both the Miami Valley AND greater Cincinnati
  - Collaborative effort between MVRPC/ILEC and Miami Valley Urban League
- Would fund activities being pursued by Affordable Connectivity Workgroup
  - Includes: Advocates for Basic Legal Equality, altafiber, Brunner Literacy Center, City of Dayton, Dayton Metro Library, Greater Dayton Premier Management, East End Community Services, Ebenezer Healthcare Access, Learn to Earn Dayton, Miami Valley Communications Council, Montgomery County, National Conference for Community & Justice of Greater Dayton, Ohio Connectivity Champions, United Way of Greater Dayton Area
- Would provide staffing and set the stage for establishment of standing Technology & Connectivity workgroup

Strategic Priorities & Special Projects for FY24

- **Establish** evaluation metrics to measure Institute progress, impact, and success.
- **Restructure** Regional Equity Initiative Subcommittee to foster improved participation in Institute actions and efforts.
- **Reconvene** the Racial Equity Task Force.
- **Foster** greater broadband and digital equity across regional community by supporting infrastructure development, access to affordable connectivity, and expanded digital literacy opportunity.
- **Empower** regional community in pursuing environmental justice by hosting second Miami Valley Environmental Justice Academy, increasing public access to environmental justice education, and facilitating networking among relevant organizations and efforts within Miami Valley.