HSTC Meeting Calendar 2021

Next HSTC Council Meeting: December 9th
Agenda

Human Services Transportation Council (HSTC)

Thursday, September 9, 2021
10:00 AM – 12:00 PM
Montgomery County Business Solutions Center,
1435 Cincinnati Street | Suite 300 Dayton, OH 45417

HSTC Vision- A transparent and customer–friendly regional transportation system made up of a variety of transportation operators, funders and providers which match a particular trip need with the lowest-cost, most appropriate transportation option.

<table>
<thead>
<tr>
<th>Item</th>
<th>Topic</th>
<th>Time</th>
<th>Presenter</th>
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<tbody>
<tr>
<td>I.</td>
<td>Welcome/Introductions</td>
<td>10:00 a.m.</td>
<td>ALL</td>
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<tr>
<td>II.</td>
<td>Plan for Health</td>
<td>10:15 a.m.</td>
<td>Liz Whitaker, MVRPC</td>
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<td>III.</td>
<td>Miami Valley Age Friendly Network</td>
<td>10:35 a.m.</td>
<td>Serena Anderson, MVRPC</td>
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<td>Leigh Sempeles, DF/MVRPC</td>
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<td>IV.</td>
<td>Unmet Needs</td>
<td>11:10 a.m.</td>
<td>Elizabeth Baxter, MVRPC</td>
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<td>V.</td>
<td>HSTC Council Updates</td>
<td>11:35 a.m.</td>
<td>Serena Anderson, MVRPC</td>
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<td>VII.</td>
<td>Closing Remarks</td>
<td>11:50 a.m.</td>
<td>All</td>
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The next meeting will be: Thursday, December 9, 2021 @ 10:00 a.m.
PLAN4 Health Miami Valley
Plan for Health  Age Friendly  Unmet Needs  Updates

Source: County Health Rankings model – University of Wisconsin Population Health Institute (2016)
A healthy community does not happen by accident.

It requires a comprehensive approach covering all aspects of social, physical, and economic environments.
Plan for Health

Age Friendly

Unmet Needs

Updates

Improved Health Outcomes in the Miami Valley
PLACE-BASED POLICIES
• Transportation Plan
• Land Use Plan
• Housing Plan
• Site Plan
• Economic Development Plan

PEOPLE-BASED POLICIES
• Community Health Assessment
• Community Health Improvement Plan

PLAN 4 Health
Miami Valley

HEALTH

PLANNING
Promote and advocate “Health in All Plans and Policies”

Convene and engage partners to improve environments that are known to be key determinants of health

Advance planning efforts aimed at creating conditions for healthy people and communities
Plan for Health

Age Friendly

Unmet Needs

Updates

Public Health Departments

Health Care Providers

Local Jurisdictions

Non Profit Organizations (i.e. GDAHA)

MVRPC

Others

PLAN4Health
Miami Valley
Outcome and Output

• Not to develop a Regional Health Plan nor does it intend to duplicate planning efforts undertaken by local public health departments.

• Not a Health Equity initiative. However, this topic will be included as appropriate during each project/program.

• Anticipated outcomes and outputs include data, maps, infographics, information sharing applications, forums for knowledge and information sharing, networking opportunities, and best practices.
Understanding Where We Are

Identifying Barriers & Opportunities

Seeking Solutions & Building Capacity

PLAN4Health – Miami Valley: A Planning for Health Initiative
Proposed Projects

1. Health Environment Assessment
2. Plan for Healthy Communities
   A. Built Environment Assessment
   B. Community Health Assessment Mapping
   C. Plan Audit and Needs Assessment
   D. Healthy Communities Planning Toolkit and Resources
   E. Healthy Communities Roundtables
1. Health Environment Assessment

Project Overview

• Examine current environments to identify where the region stands on key determinants of health and what the trends are

• Focusing on SDOH indicators that can be mapped at the sub-county level

https://unc.maps.arcgis.com/apps/MapJournal/index.html?appid=9cf5798305d74352a9721b9ffab7da87
Social determinants of health (SDOH) is defined as the “conditions in the environments in which people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.”

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<tr>
<th>Economic Stability</th>
<th>Education</th>
<th>Social and Community Context</th>
<th>Health and Health Care</th>
<th>Neighborhood and Built Environment</th>
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<td>High School Education</td>
<td>Limited English Proficiency Households</td>
<td>Uninsured</td>
<td>Areas of Concentrated Poverty</td>
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<td>Single Parent Household</td>
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<td>Unemployment</td>
<td>Higher Education Enrollment</td>
<td>Voter Turnout</td>
<td>Zero-Car Households</td>
<td>Housing Vacancy</td>
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<td>Living in Cost Burden Housing</td>
<td>School Proficiency</td>
<td>Diversity</td>
<td>Life Expectancy</td>
<td>Crime</td>
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<td>Living in Rental Housing</td>
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<td>Lead Paint Prevalence</td>
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<td>Traffic Proximity and Volume</td>
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1. Health Environment Assessment

Tell the story through mapping

Examine indicators individually, as a composite of their domain, and an index of all the domains

Use results as a baseline and to inform future project elements
2. Plan for Healthy Communities:
A. Built Environment Assessment

Project Overview

• Examine current built environments to evaluate the level of active living conditions

• Using an active living index the project will map out conditions across the Region
2. Plan for Healthy Communities:
A. Built Environment Assessment

• The active living index will examine the density, diversity, and accessibility of:
  – Land Use
  – Infrastructure
  – Destinations

https://www.arcgis.com/apps/webappviewer/index.html?id=6a19a38e00be441080923f1f2f862b22
2. Plan for Healthy Communities:
   A. Built Environment Assessment

   Tell the story through mapping

   Examine components individually and as an index composite

   Use results as a baseline and to identify locations for built environment improvements
PLAN4Health - Miami Valley

A Planning for Health Initiative

Why We Should Plan for Health
Planning and health are naturally intertwined.

The proposed planning for health initiative will be focused on:
- Promoting policies
- Convening stakeholders
- Promoting healthy communities

Proposed Projects

- PLAN4Health - Miami Valley
  - Community Health Assessment
  - Community Health Endorsement
  - Community Health Assessment Mapping

Mid-Term: Understanding Where We Are

- The PLAN4Health Community Health Assessment will identify key determinants of health.
- Community Health Assessment Mapping will identify barriers to improving health outcomes.

Mid-Term: Identifying Resources and Opportunities

- PLAN4Health - Miami Valley
  - Community Health Assessment Mapping
  - Community Health Assessment Endorsement

Mid-Term: Seeking Success and Building Capacity

- PLAN4Health - Miami Valley
  - Community Health Assessment Mapping
  - Community Health Assessment Endorsement
  - Community Health Assessment Planning

Long-Term: Accelerating Success and Building Capacity

- PLAN4Health - Miami Valley
  - Community Health Assessment Mapping
  - Community Health Assessment Endorsement
  - Community Health Assessment Planning

To learn more about the PLAN4Health - Miami Valley initiative and its future projects and programs, please see our PLAN4Health - Miami Valley Informational Brochure. For additional information, contact info@plan4health.org.
Martin Kim, AICP, GISP  
Director of Community and Regional Planning  
mkim@mvrpc.org

Elizabeth Whitaker, AICP  
Senior Planner  
ewhitaker@mvrpc.org

www.mvrpc.org/regional-planning/plan4health-miami-valley
Institute for Livable and Equitable Communities

Vision:
The Institute places an intentional focus on livability and equity, launching programs and transforming systems that create a community where all people can thrive.

Mission:
The Institute for Livable & Equitable Communities at the Miami Valley Regional Planning Commission (MVRPC) convenes critical partners and is the central point of coordination for a long-term, multi-faceted effort to address nine domains proven to enhance livability and equity in communities.

Institute Background: https://www.mvrpc.org/regional-initiatives/institute-livable-equitable-communities
What is Livable & Equitable?

The Institute focuses on two initiatives: Regional Equity Initiative and Livable Communities Initiative. Where equity is the lens by which we achieve livability.
What is the Regional Age Friendly Network?

Build a coalition of key allies & participants to establish age-friendly community objectives

Coordinate with partner agencies around objectives to educate and transform policies, places and programs within their communities

Create opportunities for communities & organizations to implement age-friendly demonstration projects through a small grant program

Encourage and build a support system regionally for communities looking to formally join the Age-Friendly Network with AARP / WHO

ENSURING ALL RESIDENTS CAN AGE IN PLACE
Dayton Foundation Del Mar Encore Fellowship Program

Dayton Foundation Del Mar Encore Fellowship: [www.daytonfoundation.org/delmarencore_fellows.html](http://www.daytonfoundation.org/delmarencore_fellows.html)
Leigh Sempeles will be working for the Dayton Foundation in partnership with MVRPC on our Age-Friendly Communities Initiative housed in the Institute for Livable and Equitable Communities.

In her role, she will be a key contributor to the development of the Age Friendly Network and the development of a new funding program to implement Age Friendly demonstration projects.
A Monumental Shift: The Changing Demographics

By 2035, older adults will outnumber children for the first time in history.
AARP Livable Communities Domains

The 8 Domains of Livability

- Community Support & Health Services
- Outdoor Spaces & Buildings
- Transportation
- Disaster preparedness + resilience
- Communication & Information
- Civic Participation & Employment
- Respect & Social Inclusion
- Social Participation

Plan for Health  Age Friendly  Unmet Needs  Updates
Join the National Age-Friendly Movement

Examples Across US

Examples in Ohio

AARP Network of Age-Friendly States & Communities

AARP Livable Communities Map:
https://livablemap.aarp.org/#/view=map
AARP Age-Friendly Communities Designation Process

Enrollment – AARP Age-Friendly Communities/Coalition of Communities in Ohio

Year 1: Conduct a survey and listening sessions

Year 2: Create an action plan

Years 3-5: Implementation

Year 5: Progress/status update

Coalition of Age-Friendly Communities Ohio
Who serves as the lead organization to coordinate age-friendly work?

- Government agency: 51
- Council on aging/area agency on aging: 44
- Senior center: 31
- Local non-profit: 22
- Institute of higher education: 14
- Regional planning organization or MPO: 8
- Businesses: 6
- Chamber of Commerce: 6
- Foundation: 4

2020 Network Age Friendly States & Communities Survey
What element of your age-friendly work has been most helpful?

- Partnerships with diverse organizations: 46%
- Prior efforts to improve communication with residents: 26%
- Prior efforts to understand residents' needs through surveys (or other means): 14%
- Recruiting and deploying volunteers: 7%
- Other: 6%
How to get engaged?

Check out MVRPC Committee Center, Institute Committees tab, to learn more about upcoming meetings: https://www.mvrpc.org/committee-center

Attend our first Age Friendly Network meeting on Wednesday, October 13: https://www.mvrpc.org/events/miami-valley-age-friendly-network

Encourage elected officials, administrators, department directors, non-profit agencies, senior center staff, community leaders, etc. to represent your community on the Miami Valley Age Friendly Network

Collaborate with others in the community to educate and implement programs, projects and policies which improve equity and livability in the Miami Valley

Encourage or lead your community in an effort to become an AARP Age-Friendly Designated Community through a 5 year commitment / process
For more information on how to join the Miami Valley Age-Friendly Communities Network:

Leigh Sempeles
lsempeles@mvrpc.org

Serena Anderson
sanderson@mvrpc.org
Review of Unmet Needs

**Activity**
- Identify if unmet need still aligns with current priority rank
- If there are additional priorities or deletions please indicate
- Submit additions or deletions on sheet and/or in chat box

**Enhance Transportation for Older Adults & Individuals w/Disabilities**

**Promote Capacity and Information Sharing**

**Improve Access to Services**

**Improve Access to Healthcare, Treatment and Recovery**

**Improve Access to Employment**

Plan for Health  Age Friendly  Unmet Needs  Updates
MPO (Greene, Miami, Montgomery) Unmet Needs

- Improve access to services
- Improve access to healthcare, treatment & recovery
- Enhance transportation services for older adults & individuals w/disabilities
- Promote capacity and information sharing
- Improve access to employment
ODOT made available $100,000 to Region 2 for regional level projects

- Project addresses regional plan Goal 1 of the GRMI: Enhance Regional Coordination
- Project will review all public & private transportation providers and compare with needs, intent to establish centralized scheduling hub for services across the region

Project Development/Selection

- Clark County TCC was identified as Lead Agency
  - Project was advertised with bids received in Jul 2021
  - Bid award: Stantec Consulting Services under review
  - Anticipate to enter into contract late summer/early fall 2021
- Project will be completed no later than May 31, 2022
Funding & Resources

Dayton Library: Foundation & Corporation Grant List

National Center for Mobility Management: Ready to Launch Grant
• community pilot projects - new mobility solutions
• Up to $75,000
• Deadline October 15, 2021
https://nationalcenterformobilitymanagement.org/ready-to-launch-2021/

GovDeals: Greene County Transit is auctioning retired Light Transit Vehicles along with some obsolete equipment
https://www.govdeals.com/index.cfm?fa=Main.AdvSearchResultsNew&kWord=Greene%20County%20Transit&whichForm=vehicle&searchPg=Main
Training Resources

ADA Training, Consulting & Facility Evaluations:

Travel Training:
https://www.projectaction.com/courses-and-schedule/

Paratransit Management:
https://www.projectaction.com/courses-and-schedule/

Certified Travel Training Instructor:
https://easterseals.wufoo.com/forms/pvmgot60rknpw/

Certified Paratransit Management Manager:
https://easterseals.wufoo.com/forms/z2denay1tc2vbq/

National Transit Institute Courses:
https://ce-catalog.rutgers.edu/searchResults.cfm?branchid=67
5310 Vehicle Dashboard

- Total Awarded Vehicles: 60
- Total Agencies Awarded: 16
- Total Miles Traveled: 1,776,465
- Total Trips: 159,519
- Approx AVG Annual Miles / Vehicle: 9,900
- AVG Annual Maint Cost / Vehicle: $1,945

Fleet Condition Rating:
- 5 - Excellent
- 4 - Good
- 3 - Fair
- 2 - Poor
- 1 - Bad

Primary Vehicle Service Area:
- Montgomery
- Miami
- Greene
- Warren
- Preble
- Darke
- Shelby
- Champaign
- Clark

Days Per Week: Monday to Sunday

Plan for Health | Age Friendly | Unmet Needs | Updates
Driver Shortages & Temporary Service Impacts

• **Greater Dayton RTA public hearing held July 23**

• **Greene CATS upcoming public hearing to discuss service changes to Flex Routes:** September 10 at Greene CATS Public Transit office located at 2380 Bellbrook Avenue, Xenia, Ohio

• **CTAA Upcoming Roundtable:** Transit Driver Shortage and Incarcerated Reentry:
  – September 22: 2pm CST
  – [https://us02web.zoom.us/meeting/register/tZwpceiqrzvwG9FSyljyyvFJluq76btyqT0Hl?fbclid=IwAR2RDQyS36nZi4lIiU4kDga5JJoioM2lfWDZOQONU-J_BfxxRxBGR45iwe9v8](https://us02web.zoom.us/meeting/register/tZwpceiqrzvwG9FSyljyyvFJluq76btyqT0Hl?fbclid=IwAR2RDQyS36nZi4lIiU4kDga5JJoioM2lfWDZOQONU-J_BfxxRxBGR45iwe9v8)
Catalytic Converter Theft on Rise

Catalytic Converter Theft is on the rise:
- Average Daily Thefts - 80/day
- Average Cost to Replace - $1,500-$2,200

Low cost preventative measures:
- Signs
- Motion sensor lighting
- Leaving on office lights
- Protective parts (see right)
- Partnerships (shared lots)
- Etc.

BSI Protective Parts:
https://www.shuttlecare.com/collections.parts
Questions