

# Active Living Evaluation & Exploration Check List

Use this check list, in conjunction with your slides and active living showcase handouts, to review your prototype area for active living assets, deficiencies, and interventions.

## Land Use Scan

### Residential Areas

- Identify the residential areas
- Make a note regarding housing density
- Make a note of the type of housing present in the area: single family, multi-family, or both

### Non-Residential Areas

- Circle non-residential areas
- Make a note regarding how prevalent non-residential areas are
- Make a note of the non-residential uses you observe: commercial, industrial, agricultural, etc.
- Make a note regarding how these areas are oriented (e.g. proximity, accessibility, etc.) to the residential areas

### Land Use Diversity

- Look for land use diversity
- Make a note whether many different land uses are present or if the area is more uniform

## Pedestrian Friendly Environment Scan

### Pedestrian Environment

- Observe the pedestrian environment
- Make a note if sidewalks are present
- Fill in any sidewalk gaps
- Make a note about how parking lots are oriented (e.g. in front of or behind, size, etc.). Is this a pedestrian or vehicle oriented area?
- Make a note if you think this is a place where pedestrians would feel welcome and safe

### Street Patterns

- Look at the street pattern
- Make a note whether the street pattern is more grid-like or curvilinear
- Dot the intersections
- Make a note regarding whether the intersections are close together or spread out

### Population, Employment, and Commute Mode Split

*Because these are example areas this information is not known, but should be considered when working in your community.*

- Note the population and employment mix
- Document the type of employment present in the area
- Note the commute mode split for the area

## Activity Infrastructure Scan

### Recreation Areas

- Circle recreation areas
- Make a note regarding how these areas are oriented (e.g. proximity, accessibility, etc.) to the residential areas
- Make a note if walking or biking to these areas is accessible and safe

### Schools

- Circle schools
- Make a note regarding how these areas are oriented (e.g. proximity, accessibility, etc.) to the residential areas
- Make a note if walking or biking to these areas is accessible and safe

### Multimodal Transportation Options (Walking, Biking, Transit)

- Look for the presence of multimodal (walking, biking, transit) transportation options
- Highlight bicycle and pedestrian facilities
- Highlight transit routes or bus stops/hubs

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## Active Living Interventions

With consideration for land use, transportation, design, and programming/events identify policies, programs, and projects that may be needed to improve physical activity and promote safe active living environments. Use your handouts as a cheat sheet and come up with your own ideas. Mark up your map and write down your ideas!

Active Living Interventions	Policies	Programs	Projects
Land Use			
Transportation			
Design			
Programming/Events			