

How Do I Know Which Ozone Is Good And Which Is Bad?

Bad Ozone is down near us in the air that we breathe. Some people call it ground-level ozone or smog. It is bad for our bodies because it makes it hard for us to breathe. Ground-level ozone is also bad for plants, animals and crops.

Good Ozone floats high in the air, about 30 miles above our Earth. It protects us from harmful rays that come from the Sun. If we did not have good ozone, we would be badly sunburned every time we went outside in the daytime. Ouch!

