

Air Quality Guide for Ozone

Air Quality	Air Quality Index	Protect Your Health
Good	0-50	No health impacts are expected when air quality is in this range.
Moderate	51-100	Unusually sensitive people should consider limiting prolonged outdoor exertion.
Unhealthy for Sensitive Groups	101-150	Active children and adults, and people with respiratory disease, such as asthma, should limit prolonged outdoor exertion.
Unhealthy	151-200	Active children and adults, and people with respiratory disease, such as asthma, should avoid prolonged outdoor exertion; everyone else, especially children, should limit prolonged outdoor exertion.
Very Unhealthy (Alert)	201-300	Active children and adults, and people with respiratory disease, such as asthma, should avoid all outdoor exertion; everyone else, especially children, should limit outdoor exertion.

Air Quality Index. The U.S. Environmental Protection Agency (EPA) has developed the Air Quality Index, or AQI, for reporting the levels of ozone and other common air pollutants. The chart makes it easier for people to understand the health significance of air pollution levels.

For more information visit EPA's web site at: www.epa.gov/airnow